

## *Advocacy in Survivorship: Driving Policy, Research and Access to Safer Therapies.*

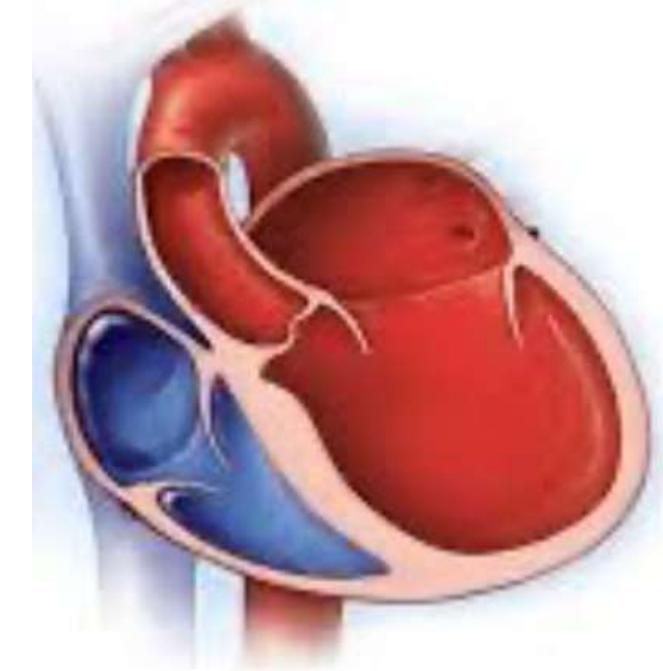
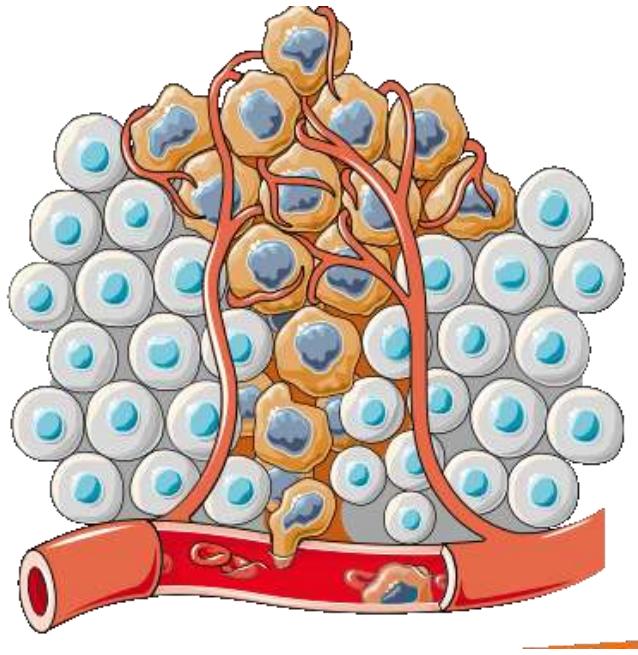
Professor Thomas F. Lüscher, MD, FRCP, FESC  
Royal Brompton Hospital  
King's College and Imperial College  
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# ESC CRT CardioOncology, January 21<sup>st</sup>, 2026

- **Advocacy in Survivorship:** I assume for cancer patients and their CV complication
- Driving policy: The EU Safe Heart Plan
- Research: Diagnostics, risk assessment, management
- Safer therapies

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Strasbourg, 16.12.2025  
COM(2025) 1024 final

## **COMMUNICATION FROM THE COMMISSION TO THE EUROPEAN PARLIAMENT, THE COUNCIL, THE EUROPEAN ECONOMIC AND SOCIAL COMMITTEE AND THE COMMITTEE OF THE REGIONS**

**on an EU cardiovascular health plan: the Safe Hearts Plan**

## **EU Save Hearts Plan**

- Innovation (new medication, novel devices)
- Secondary prevention

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## Flagship initiative: modernising tobacco control legislation

The Commission intends to propose, in 2026, a revision of the legislative framework on tobacco control.

The long-term goal is for fewer than 5% of adults to be using tobacco by 2040<sup>80</sup>.



European Society  
of Cardiology

European Heart Journal (2025) 00, 1–18  
<https://doi.org/10.1093/eurheartj/ehaf1010>

### SPECIAL ARTICLE

Epidemiology, prevention, and health care policies

## Nicotine and the cardiovascular system: unmasking a global public health threat

Thomas Münzel  <sup>1,\*</sup>, Filippo Crea  <sup>2,3</sup>, Sanjay Rajagopalan <sup>4,5</sup>,  
and Thomas Lüscher <sup>6,7,8</sup>

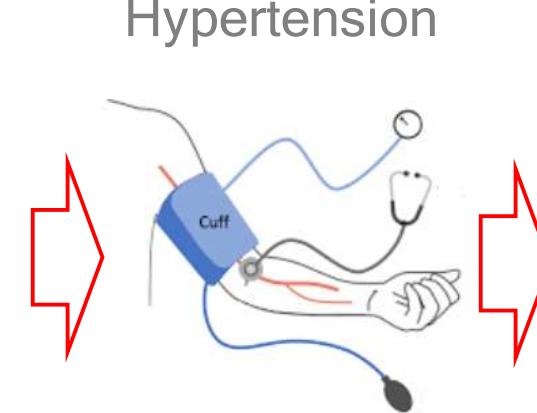
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## The EU Safe Hearts Plan on Alcohol

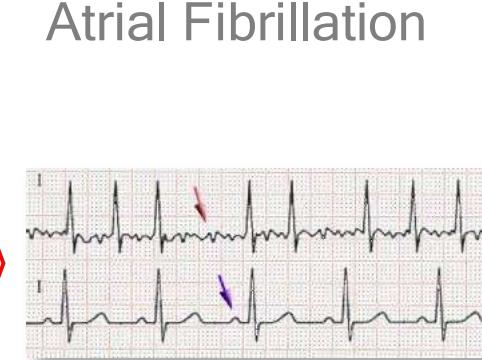
The harmful use of alcohol, including underage and binge drinking from an early age is a significant concern<sup>81</sup>. Alcoholic beverages, such as 'alcopops'<sup>82</sup>, seem to be particularly appealing to young people. This calls for targeted approaches, focusing on harmful consumption, particularly regarding underage and binge drinking<sup>83</sup>.



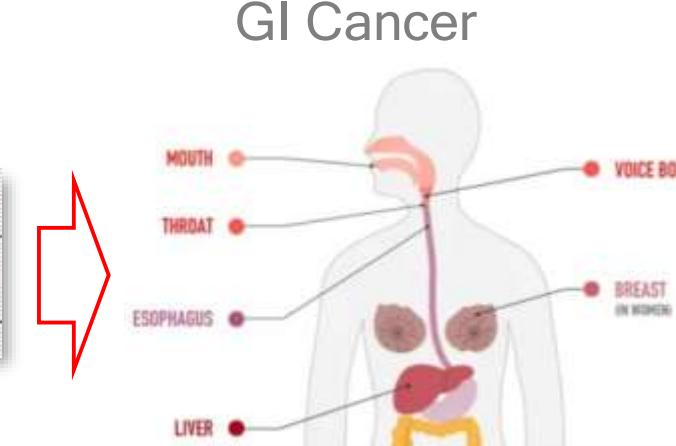
Alcohol



Hypertension



Atrial Fibrillation



GI Cancer

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## **Flagship initiative: proposal for a Council recommendation on vaccination against respiratory infections as a preventive measure for cardiovascular diseases**

The Commission intends to propose a Council recommendation to promote immunisation<sup>107</sup> as a measure to prevent cardiovascular diseases, taking a lifelong approach and tackling high-risk vulnerable groups. Member States are envisaged to be offered support in identifying the target population for vaccination, and in monitoring and increasing their vaccination coverage.

The proposal for a Council recommendation would aim to encourage all Member States to report vaccination coverage data for influenza and COVID-19 respiratory syncytial virus and

pneumococcal disease, and viral infections such as herpes zoster, in individuals with chronic conditions, including cardiovascular diseases, by 2029.

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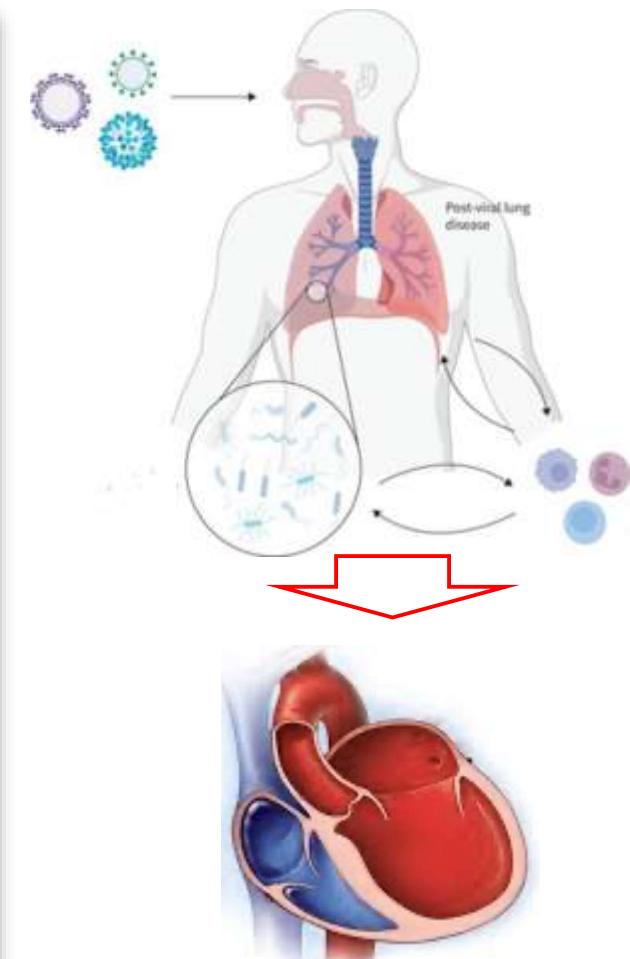
## SPECIAL ARTICLE

Epidemiology, prevention, and health care policies

## Vaccination as a new form of cardiovascular prevention: a European Society of Cardiology clinical consensus statement

With the contribution of the European Association of Preventive Cardiology (EAPC), the Association for Acute CardioVascular Care (ACVC), and the Heart Failure Association (HFA) of the ESC

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François Roubille <sup>6</sup>, Orly Vardeny  <sup>7</sup>, Christian Hassager <sup>8,9</sup>,  
Michael A. Gatzoulis  <sup>10</sup>, Mamas A. Mamas  <sup>11</sup>, Leslie T. Cooper  <sup>12</sup>,  
Felix Schoenrath <sup>2,13</sup>, Marco Metra  <sup>14</sup>, Offer Amir  <sup>15</sup>, Scott D. Solomon <sup>16</sup>,  
Ulf Landmesser <sup>17,18</sup>, and Thomas F. Lüscher <sup>19,20,\*</sup>



# ESC CRT CardioOncology, January 21<sup>st</sup>, 2026

## Flagship Initiative: EU Protocol on Health Checks for CV Disease

Item	Health Check Parameter to Assess	Condition
Demographics	Age, Sex, Ethnicity	CV risk
Lifestyle	Physical activity and sedentarism, diet (soft drinks, processed food)	Fitness, Frailty
Toxins	Smoking, nicotine, alcohol, drugs	CV and cancer risk
Anthropometrics	Height, weight, body mass index, waist-hip ratio	Obesity
Mental Health	Depression score	Psychological condition
Blood pressure	Systolic and diastolic values	Hypertension
Lipids	HDL-C, LDL-C, Triglycerides, Lipoprotein (a)	Hyperlipidemia
Metabolism	Fasting glucose, Hemoglobin A1c	Diabetes
Renal Function	Creatinine, eGFR, creatinine-albumin ratio	Chronic kidney disease



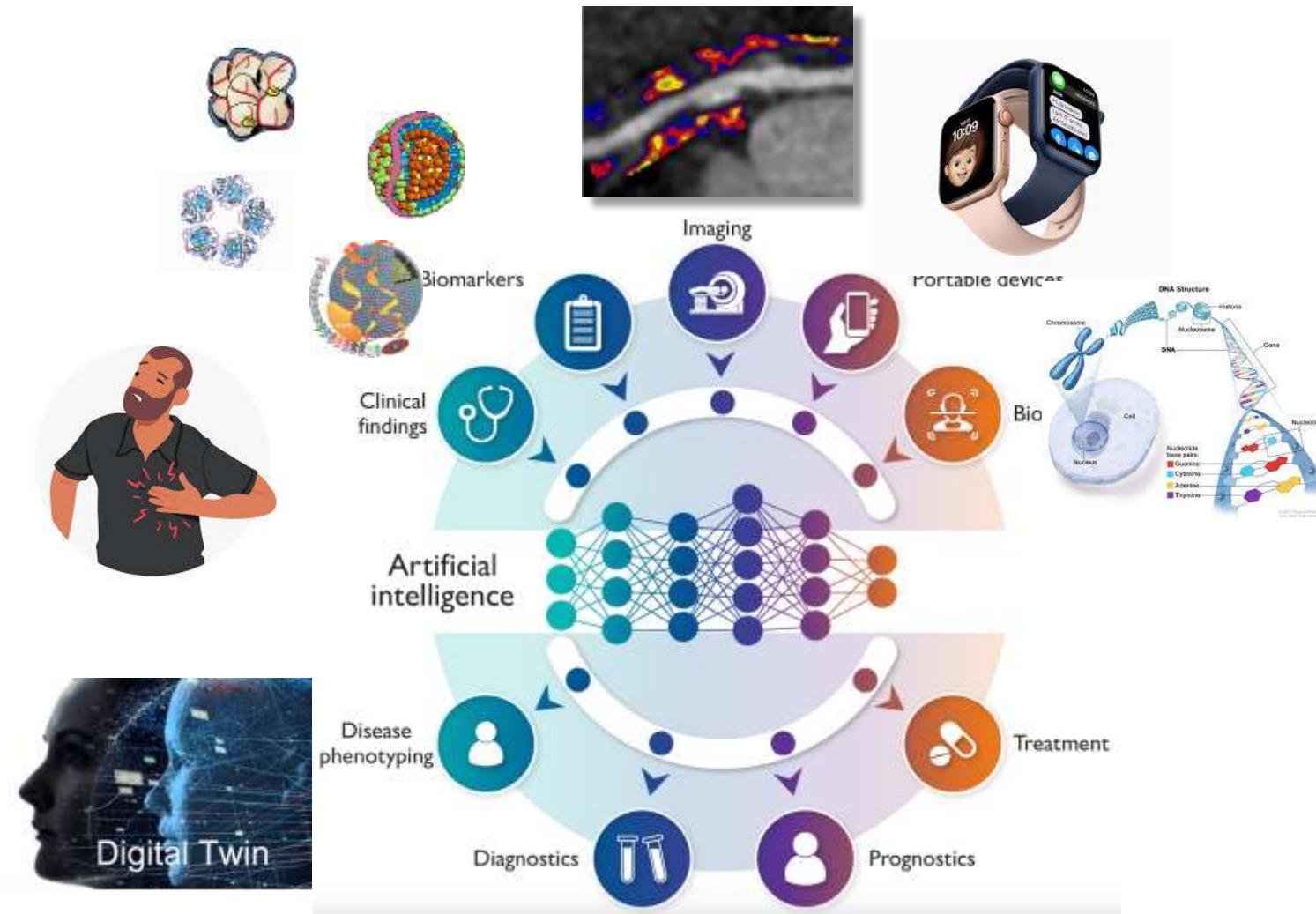
# ESC CRT CardioOncology, January 21<sup>st</sup>, 2026

## **Flagship initiative: proposal for a Council recommendation on personalised treatment and monitoring of cardiovascular diseases**

The Commission intends to propose, in 2027, a Council recommendation to improve the quality and consistency of personalised and integrated care pathways for cardiovascular diseases and related conditions, including using digital tools.

This proposal is envisaged to complement and inform the deployment of digital and AI-based solutions supported under the EU4Health programme (see Chapter 6) and help to improve access to essential treatments across the EU.

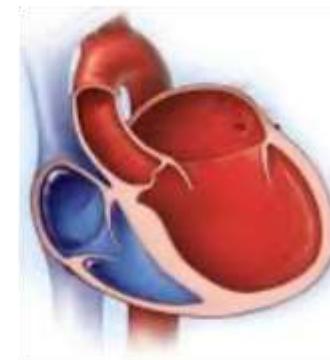
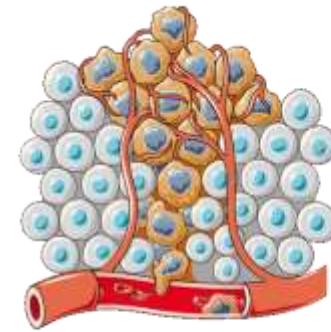
# ESC CRT CardioOncology, January 21<sup>st</sup>, 2026



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## Flagship initiative: closing the cardiovascular research gap

The Commission intends to launch a flagship initiative to address the research and innovation gap for cardiovascular diseases with the aim of improving understanding of cardiovascular disease mechanisms and support the uptake of innovative tools for personalised risk prediction and the optimisation of treatment.



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# ESC Council CardioOncology Board 19.6.2025

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## ESC CHAT

Your Guidelines Companion

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ESC Chat provides instant and personalised answers to clinical queries, based exclusively on current ESC Clinical Practice Guidelines.

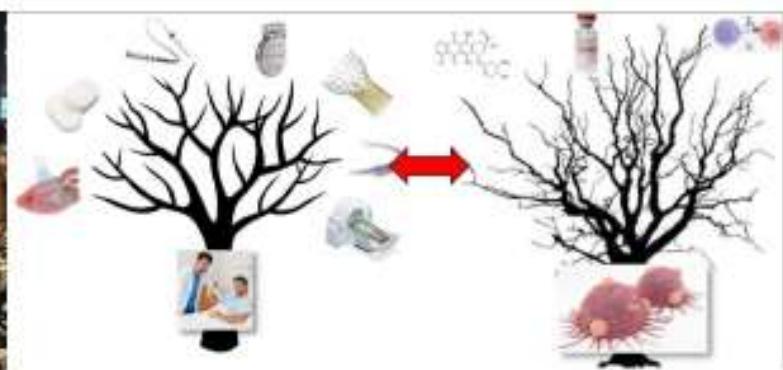
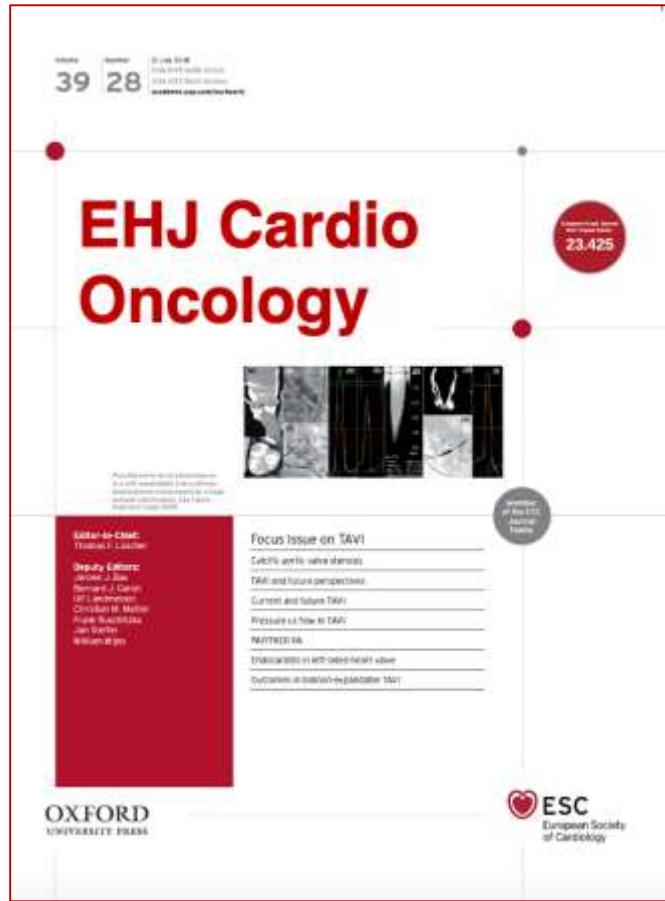
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European Heart Journal (2022) 00, 1–133  
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ESC GUIDELINES



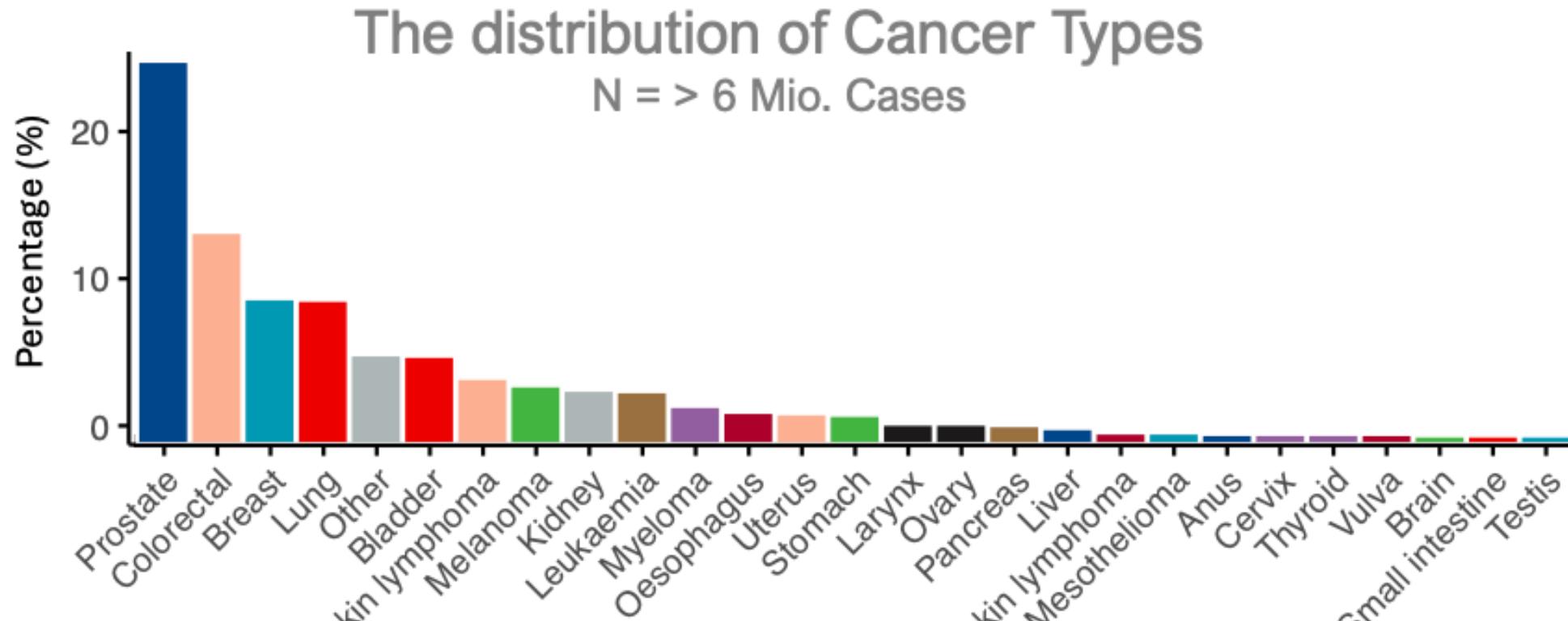
## **2022 ESC Guidelines on cardio-oncology developed in collaboration with the European Hematology Association (EHA), the European Society for Therapeutic Radiology and Oncology (ESTRO) and the International Cardio-Oncology Society (IC-OS)**

**Developed by the task force on cardio-oncology of the European**



An excellent and welcomed efforts of these leaders with their committee  
However, most recommendation of the 1st guideline are at level C  
Thus, this is just the beginning of a new specialty on the way forward

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Data from Wenzl F .... Lüscher TF. Lancer 2026;January 2026

Preliminary data by Wenzl FA et al.