

*Advocacy in Survivorship:
Driving Policy, Research
and Access to Safer
Therapies.*

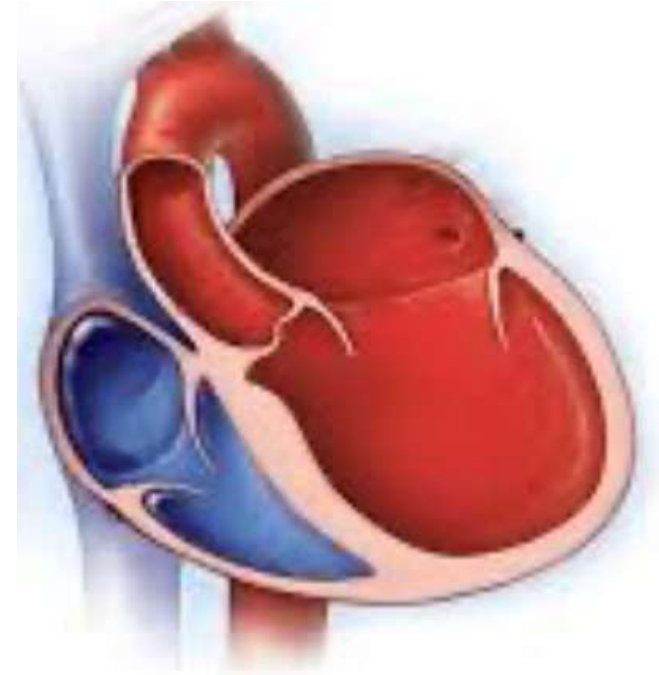
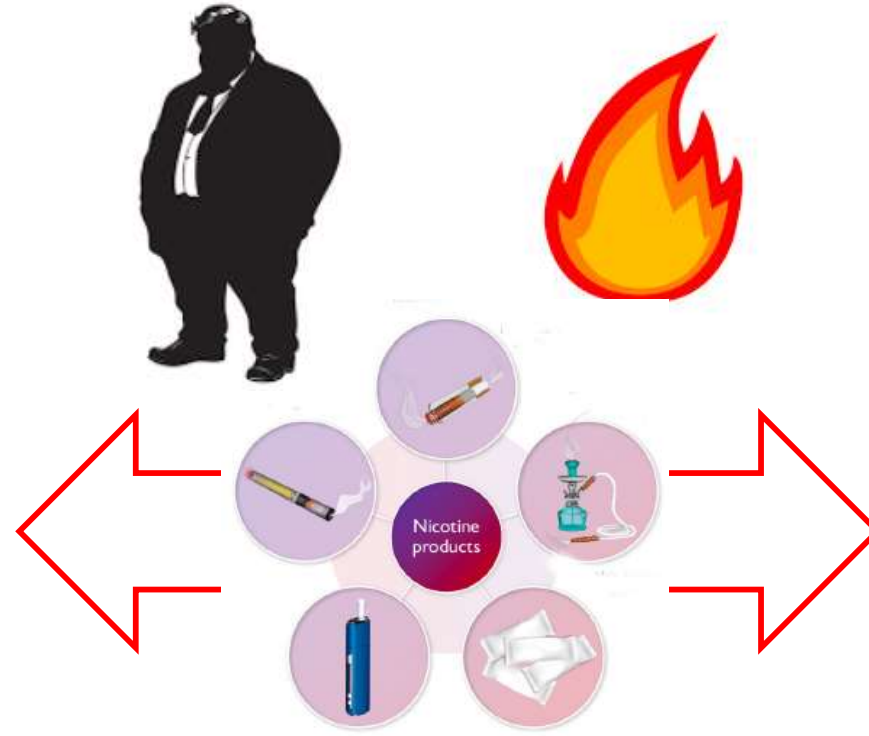
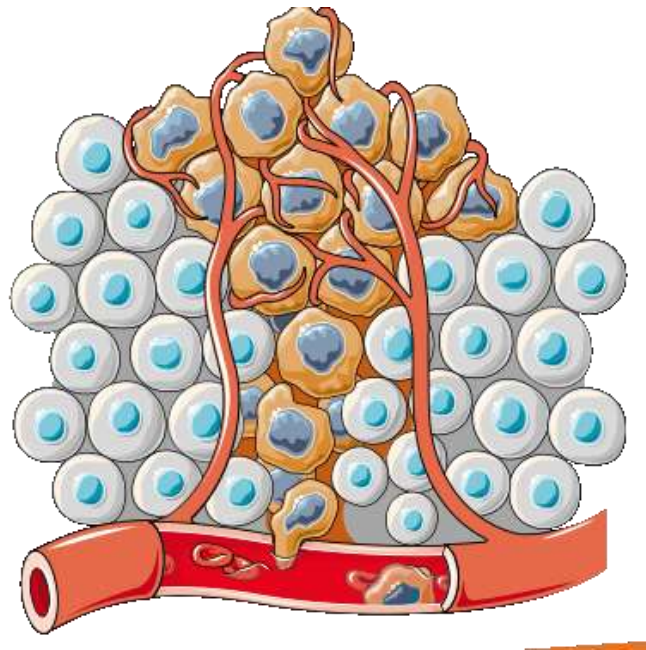
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ESC CRT CardioOncology, January 21st, 2026

- **Advocacy in Survivorship:** I assume for cancer patients and their CV complication
- Driving policy: The EU Safe Heart Plan
- Research: Diagnostics, risk assessment, management
- Safer therapies

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Strasbourg, 16.12.2025
COM(2025) 1024 final

**COMMUNICATION FROM THE COMMISSION TO THE EUROPEAN
PARLIAMENT, THE COUNCIL, THE EUROPEAN ECONOMIC AND SOCIAL
COMMITTEE AND THE COMMITTEE OF THE REGIONS**

on an EU cardiovascular health plan: the Safe Hearts Plan

EU Save Hearts Plan

- Innovation (new medication, novel devices)
- Secondary prevention

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Flagship initiative: modernising tobacco control legislation

The Commission intends to propose, in 2026, a revision of the legislative framework on tobacco control.

The long-term goal is for fewer than 5% of adults to be using tobacco by 2040⁸⁰.



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of Cardiology

European Heart Journal (2025) 00, 1–18
<https://doi.org/10.1093/eurheartj/ehaf1010>

SPECIAL ARTICLE

Epidemiology, prevention, and health care policies

Nicotine and the cardiovascular system: unmasking a global public health threat

Thomas Münzel ^{1,*}, Filippo Crea ^{2,3}, Sanjay Rajagopalan ^{4,5},
and Thomas Lüscher ^{6,7,8}



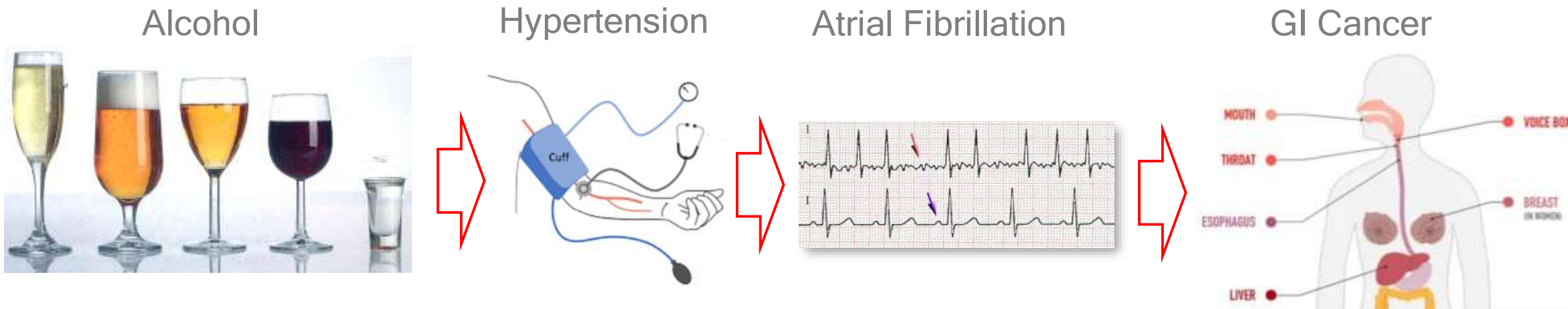
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The EU Safe Hearts Plan on Alcohol

The harmful use of alcohol, including underage and binge drinking from an early age is a significant concern⁸¹. Alcoholic beverages, such as ‘alcopops’⁸², seem to be particularly appealing to young people. This calls for targeted approaches, focusing on harmful consumption, particularly regarding underage and binge drinking⁸³.



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Flagship initiative: proposal for a Council recommendation on vaccination against respiratory infections as a preventive measure for cardiovascular diseases

The Commission intends to propose a Council recommendation to promote immunisation¹⁰⁷ as a measure to prevent cardiovascular diseases, taking a lifelong approach and tackling high-risk vulnerable groups. Member States are envisaged to be offered support in identifying the target population for vaccination, and in monitoring and increasing their vaccination coverage.

The proposal for a Council recommendation would aim to encourage all Member States to report vaccination coverage data for influenza and COVID-19 respiratory syncytial virus and

pneumococcal disease, and viral infections such as herpes zoster, in individuals with chronic conditions, including cardiovascular diseases, by 2029.

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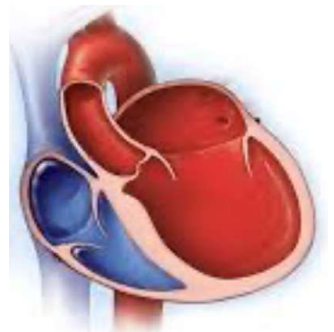
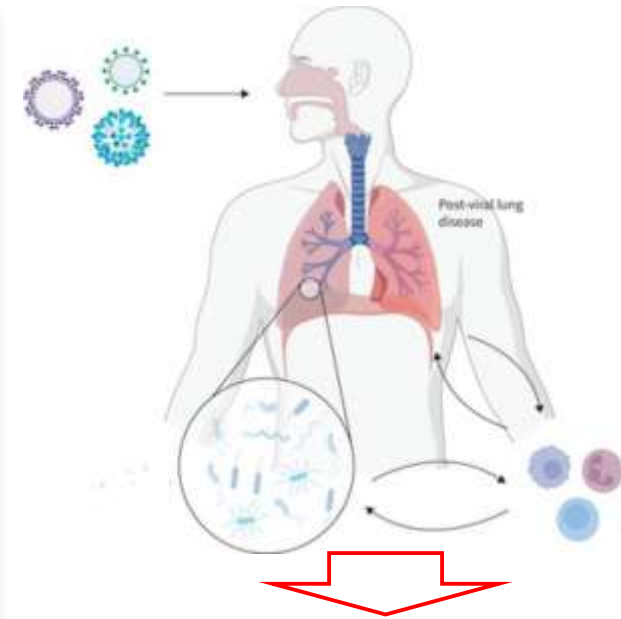
SPECIAL ARTICLE

Epidemiology, prevention, and health care policies

Vaccination as a new form of cardiovascular prevention: a European Society of Cardiology clinical consensus statement

With the contribution of the European Association of Preventive Cardiology (EAPC), the Association for Acute CardioVascular Care (ACVC), and the Heart Failure Association (HFA) of the ESC

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Flagship Initiative: EU Protocol on Health Checks for CV Disease

Item	Health Check Parameter to Assess	Condition
Demographics	Age, Sex, Ethnicity	CV risk
Lifestyle	Physical activity and sedentaryism, diet (soft drinks, processed food)	Fitness, Frailty
Toxins	Smoking, nicotine, alcohol, drugs	CV and cancer risk
Anthropometrics	Height, weight, body mass index, waist-hip ratio	Obesity
Mental Health	Depression score	Psychological condition
Blood pressure	Systolic and diastolic values	Hypertension
Lipids	HDL-C, LDL-C, Triglycerides, Lipoprotein (a)	Hyperlipidemia
Metabolism	Fasting glucose, Hemoglobin A1c	Diabetes
Renal Function	Creatinine, eGFR, creatinine-albumin ratio	Chronic kidney disease



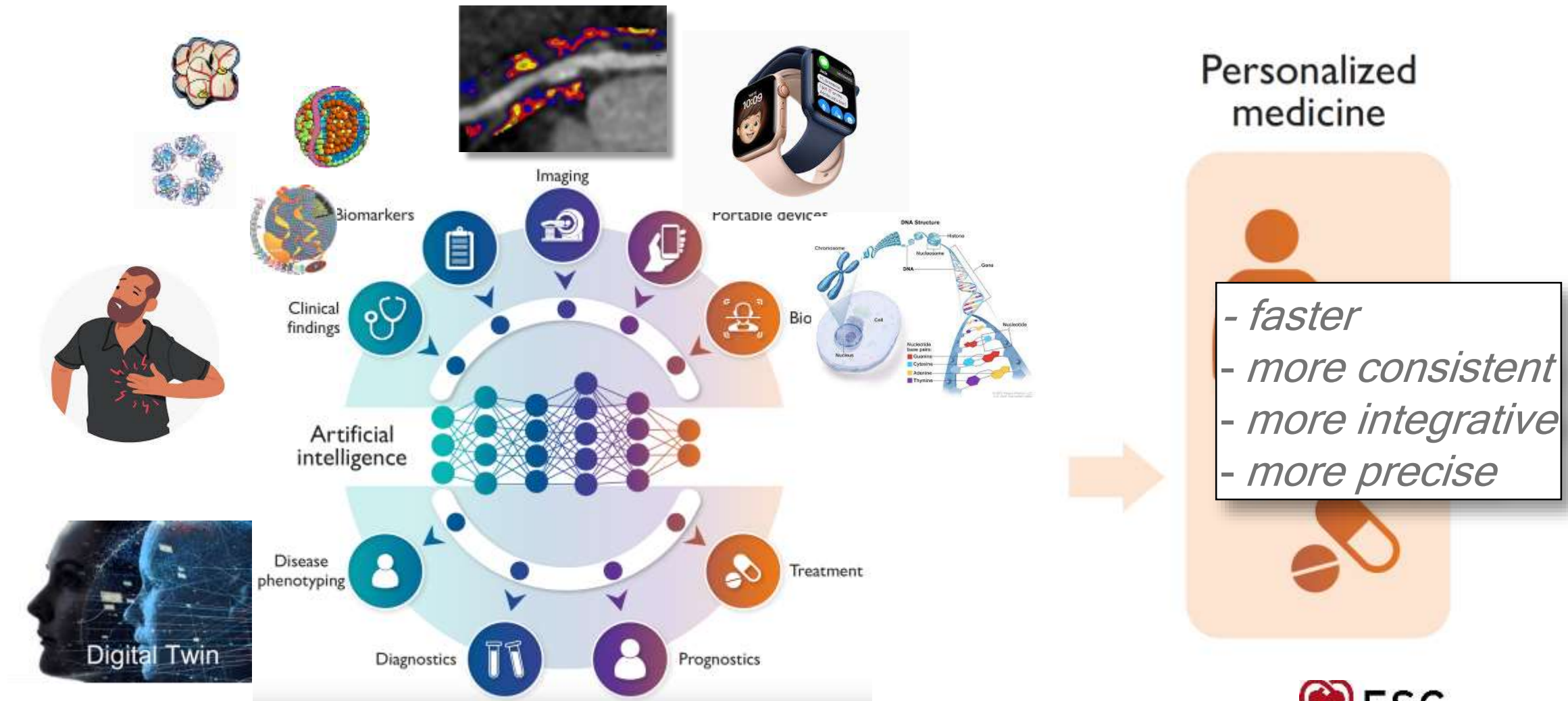
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Flagship initiative: proposal for a Council recommendation on personalised treatment and monitoring of cardiovascular diseases

The Commission intends to propose, in 2027, a Council recommendation to improve the quality and consistency of personalised and integrated care pathways for cardiovascular diseases and related conditions, including using digital tools.

This proposal is envisaged to complement and inform the deployment of digital and AI-based solutions supported under the EU4Health programme (see Chapter 6) and help to improve access to essential treatments across the EU.

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Flagship initiative: closing the cardiovascular research gap

The Commission intends to launch a flagship initiative to address the research and innovation gap for cardiovascular diseases with the aim of improving understanding of cardiovascular disease mechanisms and support the uptake of innovative tools for personalised risk prediction and the optimisation of treatment.

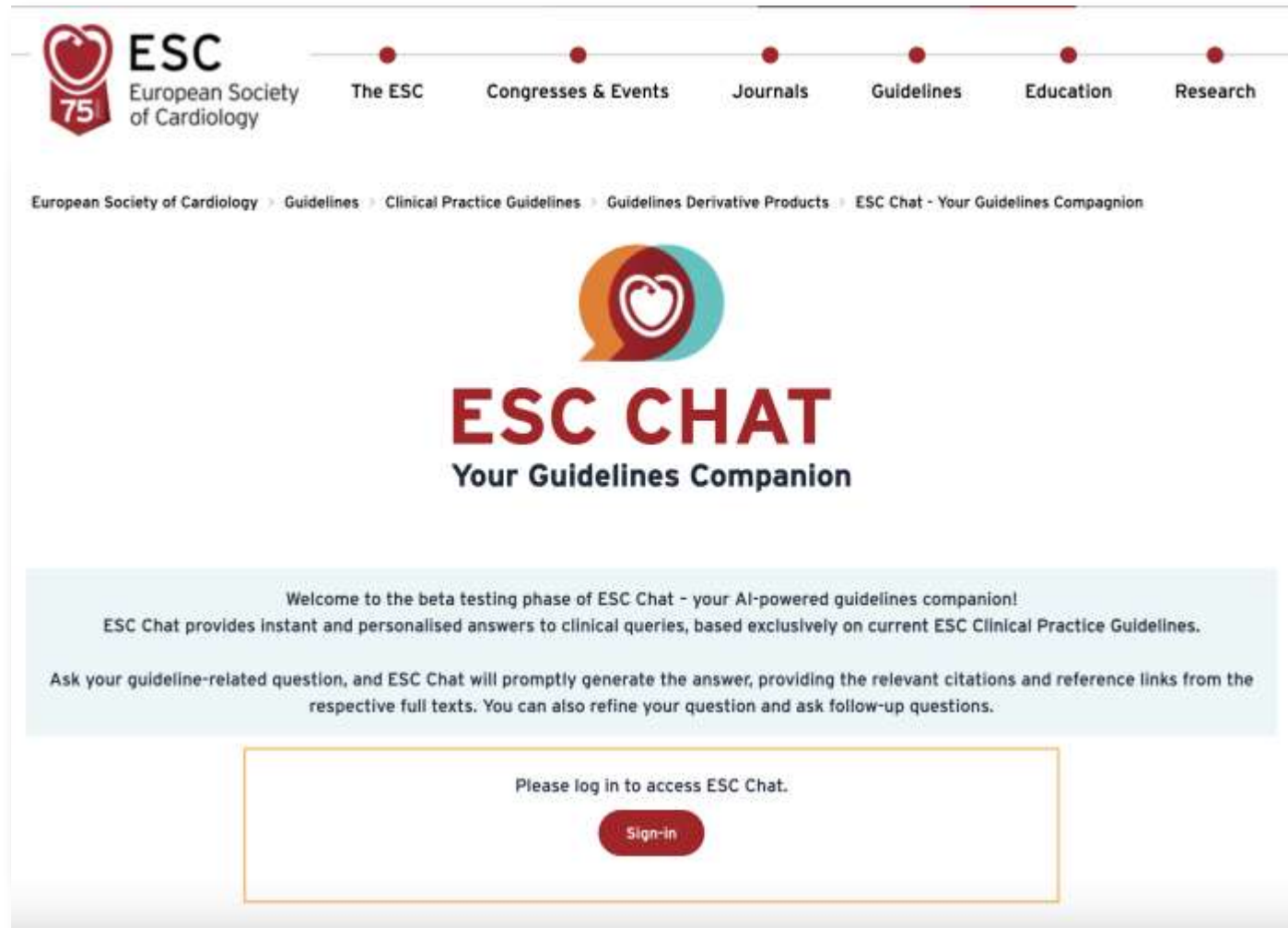


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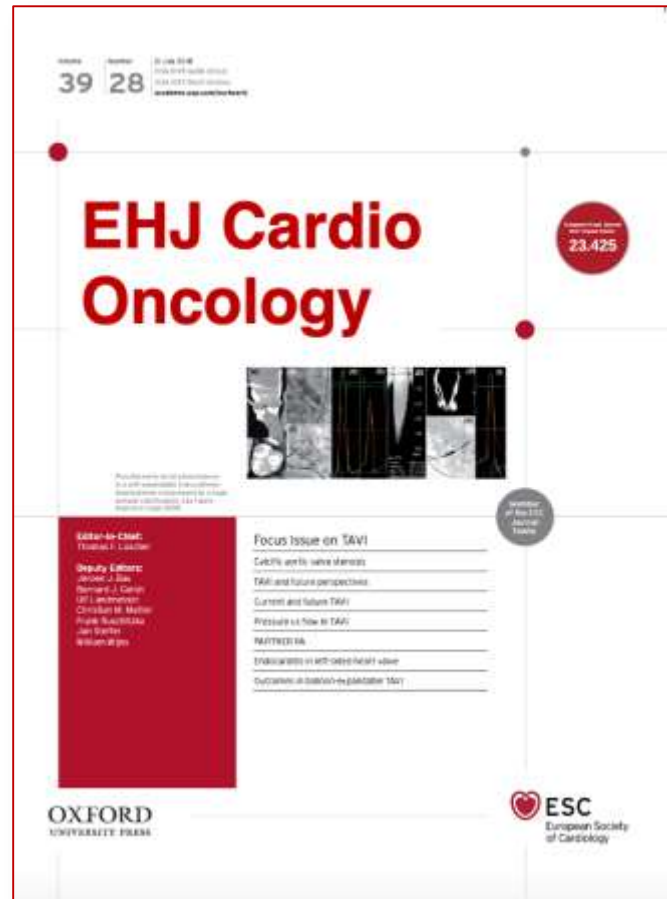
ESC Council CardioOncology Board 19.6.2025



The screenshot shows the ESC Chat website. At the top is the ESC logo (a heart with '75' inside) and the text 'ESC European Society of Cardiology'. Below this is a navigation bar with links: 'The ESC', 'Congresses & Events', 'Journals', 'Guidelines', 'Education', and 'Research'. A breadcrumb trail reads: 'European Society of Cardiology > Guidelines > Clinical Practice Guidelines > Guidelines Derivative Products > ESC Chat - Your Guidelines Companion'. The main heading is 'ESC CHAT Your Guidelines Companion'. A light blue box contains the text: 'Welcome to the beta testing phase of ESC Chat - your AI-powered guidelines companion! ESC Chat provides instant and personalised answers to clinical queries, based exclusively on current ESC Clinical Practice Guidelines. Ask your guideline-related question, and ESC Chat will promptly generate the answer, providing the relevant citations and reference links from the respective full texts. You can also refine your question and ask follow-up questions.' Below this is a yellow-bordered box with the text 'Please log in to access ESC Chat.' and a red 'Sign-in' button.



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ESC GUIDELINES



2022 ESC Guidelines on cardio-oncology developed in collaboration with the European Hematology Association (EHA), the European Society for Therapeutic Radiology and Oncology (ESTRO) and the International Cardio-Oncology Society (IC-OS)

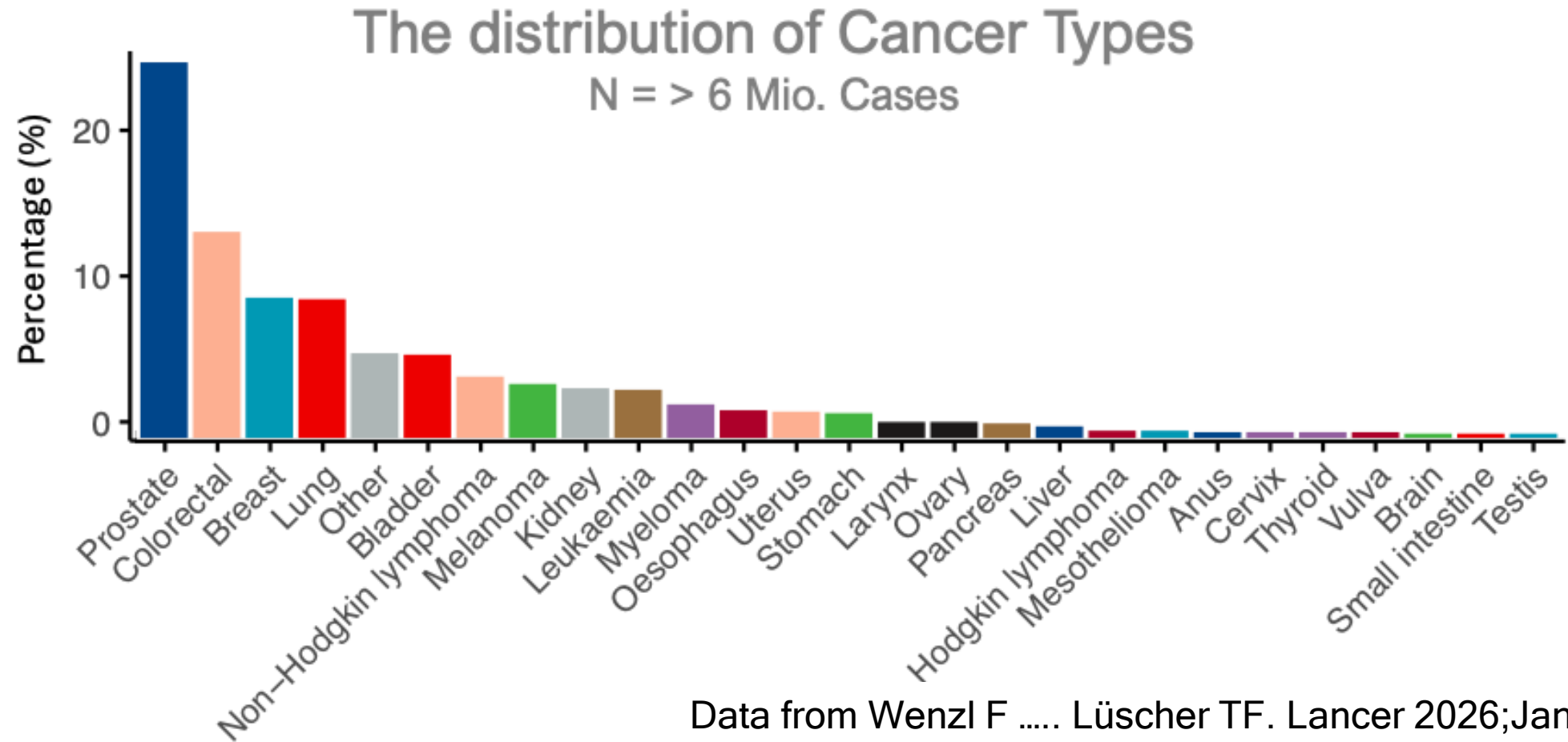


Developed by the task force on cardio-oncology of the European

An excellent and welcomed efforts of these leaders with their committee
However, most recommendation of the 1st guideline are at level C
Thus, this is just the beginning of a new specialty on the way forward

society
gy

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Preliminary data by Wenzl FA et al.