



**EHRA**  
European Heart  
Rhythm Association

Application for the following position in the EHRA Board:

**Secretary**



## 1. Your Identity

Title: Dr

Family Name(s): Tzeis

First Name(s): Stylianos



Institute/Organisation: Mitera Hospital

Department: Cardiology department

Address: 6, Erythrou Stavrou

Post Code/Zip: 15125



## 2. General Curriculum Vitae (300 words max)- Please add your H index and top 10 publications in the last 5 years

I am the Head of the Cardiac Department and Electrophysiology Lab in Mitera Hospital, in Athens, Greece. I have a clinical focus on catheter ablation and cardiac implantable electronic devices.

I have published 150 papers in peer-reviewed journals (**h-index:41**). My research activity mainly focuses in pharmacological and invasive treatment of atrial fibrillation and cardiac implantable electronic devices.

I was the chair of the writing group of the "2024 EHRA/HRS/APHRS/LAHR Expert Consensus Statement on Catheter and Surgical Ablation of Atrial Fibrillation".

I recently co-authored the "2024 ESC Guidelines for the management of atrial fibrillation" and the "2022 ESC Guidelines for the management of patients with ventricular arrhythmias and the prevention of sudden cardiac death". I was a member of the peer review committee of the "2023 ACC/AHA/ACCP/HRS Guideline for the Diagnosis and Management of Atrial Fibrillation".

I am an Associate editor in *Europace* and *Hellenic Journal of Cardiology*.

Top 10 publications (last 5 years)

1. Pürerfellner H, **Tzeis S**, Mandrola J. Controversy: the blanking period after atrial fibrillation ablation is needed and should be maintained. *Europace*. 2025 Oct 7;27(10):euaf203.
2. Karakasis P, **Tzeis S**, Pamporis K, et al. Impact of catheter ablation timing according to duration of atrial fibrillation history on arrhythmia recurrences and clinical outcomes: a meta-analysis. *Europace* 2025;27(6):euaf110.
3. Tzeis S, Sepehri Shamloo A. The decalogue of the 2024 European Heart Rhythm Association/Heart Rhythm Society/Asia Pacific Heart Rhythm Society/Latin American Heart Rhythm Society consensus document on catheter and surgical ablation of atrial fibrillation. *Eur Heart J*. 2025;46(11):991-993.
4. Rienstra M, **Tzeis S**, Bunting KV, et al. Spotlight on the 2024 ESC/EACTS management of atrial fibrillation guidelines: 10 novel key aspects. *Europace*. 2024;26(12):euaf298.
5. **Tzeis S**, Gerstenfeld EP, Kalman J, et al. 2024 European Heart Rhythm Association/Heart Rhythm Society/Asia Pacific Heart Rhythm Society/Latin American Heart Rhythm Society expert consensus statement on catheter and surgical ablation of atrial fibrillation. *Europace*. 2024;26(4):euaf043.
6. Aktaa S, **Tzeis S**, Gale CP, et al. European Society of Cardiology quality indicators for the management of patients with ventricular arrhythmias and the prevention of sudden cardiac death. *Europace*. 2023;25(1):199-210.
7. Zeppenfeld K, Tfelt-Hansen J, de Riva M, Winkel BG, Behr ER, Blom NA, Charron P, Corrado D, Dagres N, de Chillou C, Eckardt L, Friede T, Haugaa KH, Hocini M, Lambiase PD, Marijon E, Merino JL, Peichl P, Priori SG, Reichlin T, Schulz-Menger J, Sticherling C, **Tzeis S**, Verstrael A, Volterrani M; ESC Scientific Document Group. 2022 ESC Guidelines for the management of patients with ventricular arrhythmias and the prevention of sudden cardiac death. *Eur Heart J*. 2022;43(40):3997-4126. PMID: 36017572.
8. Asvestas D, Sousonis V, Kotsovolis G, Karanikas S, Xintarakou A, Sakadakis E, Rigopoulos AG, Kalogeropoulos AS, Vardas P, **Tzeis S**. Cavotricuspid isthmus ablation guided by force-time integral - A randomized study. *Clin Cardiol*. 2022;45(5):503-508. PMID: 35301726.
9. **Tzeis S**, Asvestas D, Moraitis N, et al. Safety of smartwatches and their chargers in patients with cardiac implantable electronic devices. *Europace*. 2021;23(1):99-103.
10. **Tzeis S**, Savvari P, Skiadas I, et al. Right drug, wrong dosage: insights from the PAVE-AF antithrombotic study in older patients with atrial fibrillation. *J Thromb Thrombolysis* 2021;51(1):81-88.





### 3. Describe previous experience(s) within EHRA, ESC or your National Cardiac Society

Previous active roles within EHRA/ESC

- **2007- contin.:** Member of the European Heart Rhythm Association (EHRA)
- **2007- contin.:** Member of the Hellenic working group of Electrophysiology/Pacing
- **2020- contin.:** Fellow of the European Heart Rhythm Association (FEHRA)
- **2009 – 2013:** Member of the EHRA Accreditation Committee for Cardiac Pacing
- **2011- 2012:** Member of the ESC Training and Research Grant Committee
- **2014 - 2018:** Chairman of the Certification Subcommittee of the European Heart Rhythm Association for Cardiac Pacemakers and ICDs
- **2018-2022:** Chairman of the EHRA Certification Committee
- **2024-contin.:** Chairman of the EHRA Scientific Program Committee



#### 4. Why are you motivated to join the EHRA Executive Board (250 words max)?

For the past 15 years, I have been actively involved in various EHRA activities. I started as a junior electrophysiologist, invited to contribute to the Certification Committee by preparing MCQs for the written exams. Since then, I have had the honor of being invited to contribute in several posts to our association. Furthermore, the EHRA Executive Board honored me by assigning me to lead the challenging task of the EHRA/HRS/APHRS/LAHRs consensus document on catheter and surgical ablation of atrial fibrillation.

My prior engagement makes me feel like I am a part of this big family that is EHRA, and I am strongly motivated to keep pursuing tasks that will further solidify EHRA's role as a leading heart rhythm association around the globe and fulfill its major task: the reduction of the burden of arrhythmia and sudden cardiac death.

Furthermore, I strongly believe that we should work to enhance the extroversion of our society, continuing our expansion within and beyond European borders. This includes enhancing the representativeness of members from different geographical regions, strengthening the role of our female colleagues, and establishing a supportive platform for professionals from countries with limited financial resources, enabling them to share their perspectives and improve their clinical practice.

Joining the EHRA Executive Board will enable me to contribute to these tasks with diligent work, low profile, deep sense of collegiality, team spirit, and a strong belief in the capacities of our association.



## 5. How will you combine your EHRA position with your daily clinical/research workload?

Please note that we expect you to:

- Have an active career at the time of taking office
- Be on clinical practice (for at least 30%) at the time of application

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If I have the honor to be elected in the Executive Board position, I will keep on my clinical work in my hospital as a Director of the Cardiology department.



## 6. Please list your conflicts of interest

- Direct personal payments (speaker fees, honoraria, advisory board fees, consultancy, investigator...)
  - Industry Employee: none
  - Company (one company): **Boston Scientific**
  - Product or therapeutic area: Electrophysiology / Pacing
  - **<10 K€/year**
  
- Direct personal payments (speaker fees, honoraria, advisory board fees, consultancy, investigator...)
  - Industry Employee: none
  - Company (one company): **Medtronic**
  - Product or therapeutic area: Electrophysiology / Pacing
  - **<10 K€/year**

### Total sum of payments < 10k euros per year

- Payments to your institution (speaker fees, honoraria, advisory board fees, consultancy, activities executed by your department for the sponsor or investigator initiated and funded by an unconditional grant from the sponsor...)
  - **None**
  
- Receipts of royalties for intellectual property
  - **None**



**Position of influence declaration:**

- Direct substantial shareholding or direct financial interest in healthcare, media, education companies or companies in relationship (suppliers or in competition with ESC or in contradiction with ESC mission)

**None**

- Employment in healthcare institution (part time or full time)

**None**

- Membership or affiliation to political/pressure group associations related to the field of cardiology

**None**

Any potential interest related to the position applied for

**Nothing to declare**