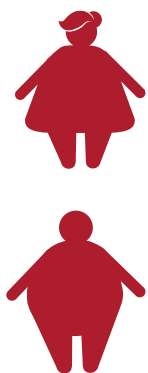
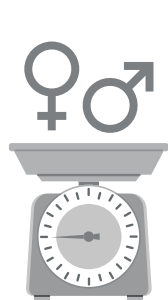
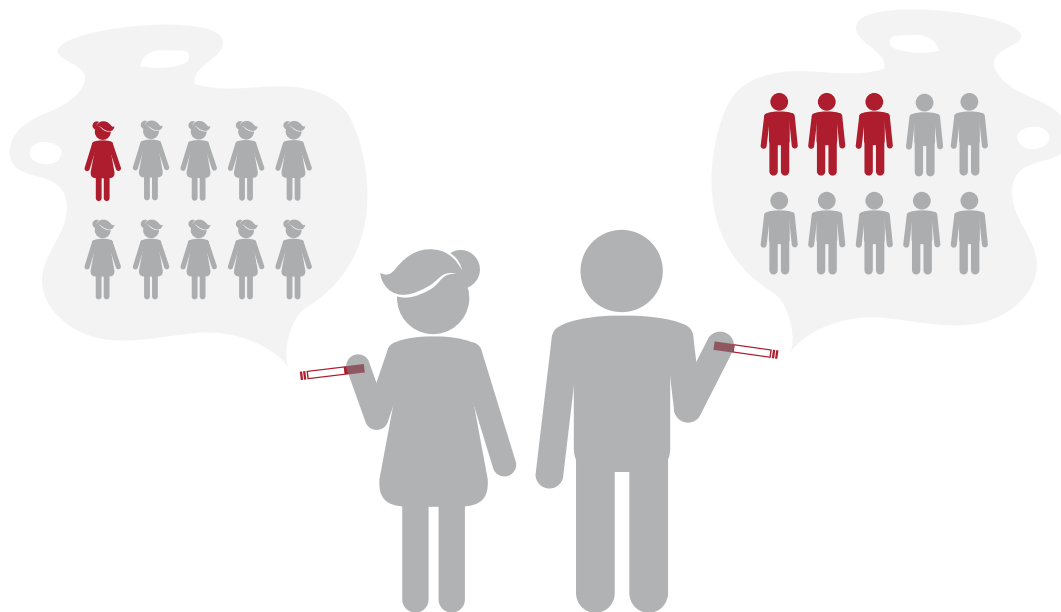


Cardiovascular Disease Statistics

Risk Factors

Smoking Prevalence

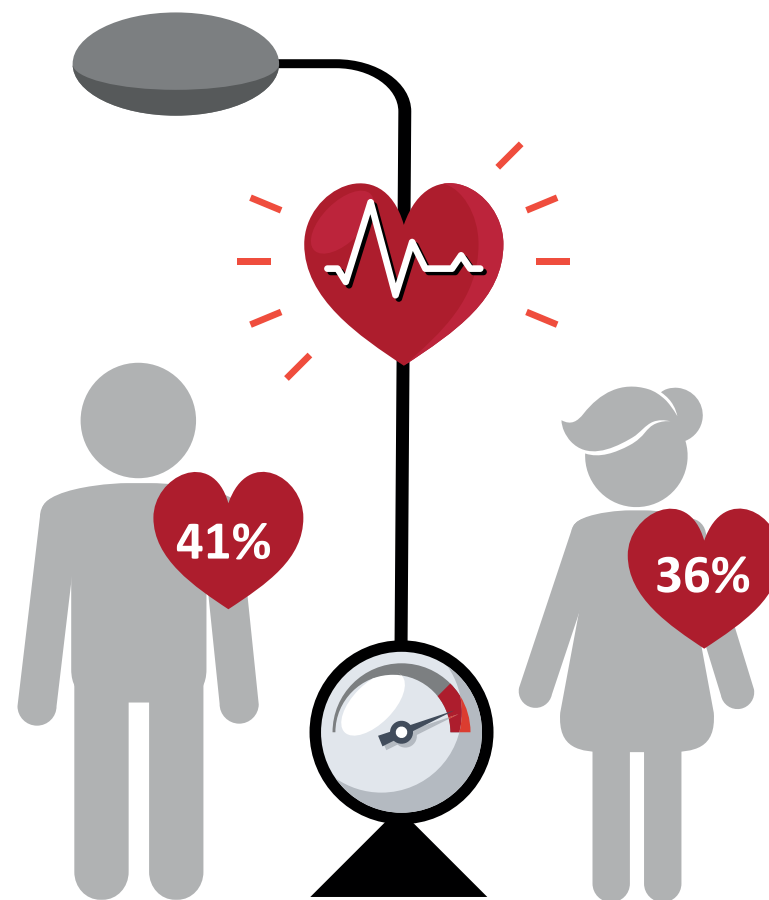
Across ESC member countries, a median of 20% of persons aged ≥ 15 years were estimated to be current users of tobacco products, ranging from $<10\%$ in Iceland, Norway, Sweden and Turkmenistan to $>30\%$ in Bosnia and Herzegovina, Georgia, Montenegro and North Macedonia. Smoking is a major risk factor for cardiovascular disease.



1 in 5

Obesity

The median prevalence of obesity was similar across sexes among the ESC member countries with 23% for males and 23% for females. Obesity is a major risk factor for cardiovascular disease.



Raised Blood Pressure

High blood pressure is a major risk factor for cardiovascular disease. The average proportion among people aged 30-79 years of men and women with raised blood pressure across members countries is 41% and 36% respectively.

For more data on cardiovascular disease
consult ESC Atlas

www.escardio.org/atlas