



# Curriculum Vitae

---

**Luigina Guasti, MD, PhD, FESC, FAHA**

**Application for the position of Member of the Nominating Committee**

## **Personal Information:**

**Place and Date of Birth:** Piacenza, Italy, 3th November, 1958

**Nationality:** Italian

## **Current Position and Professional Address**

Associate Professor in Internal Medicine at the University of Insubria, Varese, Italy,  
Chair of the Department of Medicine and Surgery of the University,  
Head of the Geriatric Division at the ASST-settelaghi-University Hospital, Varese,  
Head of the Research Center on Dyslipidemias.  
Via Guicciardini 6, Varese, Italy

## **Education and Postgraduate Training**

Alumnus Collegio Ghislieri, Pavia

Degree in Medicina e Chirurgia, 1983, 110/110 cum laude University of Pavia, Italy

Specialty in Cardiology (1987; 50/50), University of Pavia, Italy

PhD "Fisiopatologia Cardiovascolare" (1994) University of Pavia/Milano

"ECFMG Certification", (1985: "FMGEMS" Foreign Medical Graduate Examination in Medical Sciences, and

"TOEFL" Test of English as a Foreign Language)

## **European Society of Cardiology Activities**

At present:

Chair of the Council for Cardiology Practice -CCP-,

Chair of the CCP taskforce on Geriatric cardiology

Previously:

Secretary and Chairperson-elect of the CCP;

Representative for the CCP of the project Women in ESC

Participation in:

CardioPractice, Webinars, FOCUS *on Management of Cardiovascular Disease in the Elderly* (June 2025),

Cardiovascular Roundtable (July 2025);

Participation to grading Scope proposals for the ESC Congress 2026, 2025, 2024, 2023, 2021; participation to Abstract Reviewing Committee/Grading services 2019-2024;

Participation (ongoing) in the Taskforce for Specialty Curricula (Curriculum: Geriatric Cardiology)  
Participation in the Taskforce for GL on the management of atrial fibrillation (2024)  
Participation (ongoing) to the 4<sup>th</sup> edition of ESC CardioMed  
Participation (leader or collaborator) in several SDoC  
Participation in GLs as reviewer (Dyslipidemias 2025; ongoing)

## Participation in Other International Scientific Committees

Italian Council for cardiology Practice (CFC); Italian Society of Geriatric cardiology (SICGe);  
International Advisory Board (IAB): Cardiovascular Ageing and Longevity (CRANE)- Singapore-

## Editorial Boards

ESC CardioPractice

## Leadership and Management Experience

Chair of the ESC Council for cardiology Practice / Chair of the Taskforce on Geriatric Cardiology  
Chair of the Department of Medicine and Surgery (University of Insubria, Varese)  
Head of the Division of Geriatrics, University Hospital, Varese  
Chair of the Research Center on Dyslipidemias  
Previous Chair of the Faculty of Medicine and Surgery (University of Insubria, Varese) (2019-2021)  
Previous Director of the Specialty School in Geriatrics (University of Insubria, Varese) (2016-2021)  
Participation in the Governance of the University (member of "Senato Accademico")

## Fellowships and Honours

Collegio Ghislieri, Pavia

## Honorary Memberships

## Top 10 Most Relevant Publications

1. Guasti L, Derosa G, Fumagalli S, Ferrini M, Asteggiano R. Hypertension management in the elderly and the very elderly. *Eur J Prev Cardiol.* 2025 Sep 23:zwaf194. doi: 10.1093/eurjpc/zwaf194. Epub ahead of print. PMID: 40986689.
2. Pedretti RFE, Asteggiano R, Gevaert AB, Bowen TS, Caselli S, Cornelissen VA, Christodorescu R, Derosa G, Dievert F, Kurpas D, Osto E, Richter D, Semb AG, Steca P, Guasti L, Ferrini M. Cardiovascular risk factors management in older adults: a clinical consensus statement from the European Association of Preventive Cardiology of the ESC and the ESC Council for Cardiology Practice. *Eur J Prev Cardiol.* 2025 Aug 6:zwaf175. doi: 10.1093/eurjpc/zwaf175. Epub ahead of print. PMID: 40795065.
3. Guasti L, Fumagalli S, Afilalo J, Geisler T, Abreu A, Ambrosetti M, Gevaert S, Christodorescu R, Richter D, Aboyans V, Chastaingt L, Barisone M, Severgnini P, Asteggiano R, Ferrini M. Cardiovascular diseases, prevention, and management of complications in older adults and frail patients treated for elective or post-traumatic hip orthopaedic interventions: a clinical consensus statement of the ESC Council for Cardiology Practice (CCP), the European Association of Preventive Cardiology (EAPC), the Association for Acute CardioVascular Care (ACVC), the Association of Cardiovascular Nursing & Allied Professions of the ESC (ACNAP), the ESC Working Group on Aorta and Peripheral Vascular Diseases (WG APVD), and the ESC Working Group on Thrombosis (WG T). *Eur J Prev Cardiol.* 2025 Jan 15:zwaf010. doi: 10.1093/eurjpc/zwaf010. Epub ahead of print. PMID: 39812215.
4. Champi A, Mobley AR, Subramanian A, Nirantharakumar K, Wang X, Shukla D, Bunting KV, Molgaard I, Dwight J, Arroyo RC, Crijns HJGM, Guasti L, Lettino M, Lumbers RT, Maesen B, Rienstra M, Svennberg E, Tica O, Traykov V, Tzeis S, van Gelder I, Kotecha D. Gender and contemporary risk of adverse events in atrial fibrillation. *Eur Heart J.* 2024 Sep 29;45(36):3707-3717. doi: 10.1093/eurheartj/ehae539. PMID: 39217497; PMCID: PMC11439109.
5. Van Gelder IC, Rienstra M, Bunting KV, Casado-Arroyo R, Caso V, Crijns HJGM, De Potter TJR, Dwight J, Guasti L, Hanke T, Jaarsma T, Lettino M, Løchen ML, Lumbers RT, Maesen B, Mølgaard I, Rosano GMC, Sanders P,

- Schnabel RB, Suwalski P, Svennberg E, Tamargo J, Tica O, Traykov V, Tzeis S, Kotecha D; ESC Scientific Document Group. 2024 ESC Guidelines for the management of atrial fibrillation developed in collaboration with the European Association for Cardio-Thoracic Surgery (EACTS). *Eur Heart J*. 2024 Sep 29;45(36):3314-3414. doi: 10.1093/eurheartj/ehae176. Erratum in: *Eur Heart J*. 2025 Nov 3;46(41):4349. doi: 10.1093/eurheartj/ehaf306. PMID: 39210723.
6. Guasti L, Dilaveris P, Mamas MA, Richter D, Christodorescu R, Lumens J, Schuurin MJ, Carugo S, Afilalo J, Ferrini M, Asteggiano R, Cowie MR. Digital health in older adults for the prevention and management of cardiovascular diseases and frailty. A clinical consensus statement from the ESC Council for Cardiology Practice/Taskforce on Geriatric Cardiology, the ESC Digital Health Committee and the ESC Working Group on e-Cardiology. *ESC Heart Fail*. 2022 Oct;9(5):2808-2822. doi: 10.1002/ehf2.14022. Epub 2022 Jul 12. PMID: 35818770; PMCID: PMC9715874.
  7. Richter D, Guasti L, Walker D, Lambrinou E, Lionis C, Abreu A, Savelieva I, Fumagalli S, Bo M, Rocca B, Jensen MT, Pierard L, Sudano I, Aboyans V, Asteggiano R. Frailty in cardiology: definition, assessment and clinical implications for general cardiology. A consensus document of the Council for Cardiology Practice (CCP), Association for Acute Cardio Vascular Care (ACVC), Association of Cardiovascular Nursing and Allied Professions (ACNAP), European Association of Preventive Cardiology (EAPC), European Heart Rhythm Association (EHRA), Council on Valvular Heart Diseases (VHD), Council on Hypertension (CHT), Council of Cardio-Oncology (CCO), Working Group (WG) Aorta and Peripheral Vascular Diseases, WG e-Cardiology, WG Thrombosis, of the European Society of Cardiology, European Primary Care Cardiology Society (EPCCS). *Eur J Prev Cardiol*. 2022 Feb 19;29(1):216-227. doi: 10.1093/eurjpc/zwaa167. PMID: 34270717.
  8. Guasti L, Galliazzo S, Molaro M, Visconti E, Pennella B, Gaudio GV, Lupi A, Grandi AM, Squizzato A. TMAO as a biomarker of cardiovascular events: a systematic review and meta-analysis. *Intern Emerg Med*. 2021 Jan;16(1):201-207. doi: 10.1007/s11739-020-02470-5. Epub 2020 Aug 10. PMID: 32779113.
  9. Guasti L, Dentali F, Castiglioni L, Maroni L, Marino F, Squizzato A, Ageno W, Gianni M, Gaudio G, Grandi AM, Cosentino M, Venco A. Neutrophils and clinical outcomes in patients with acute coronary syndromes and/or cardiac revascularisation. A systematic review on more than 34,000 subjects. *Thromb Haemost*. 2011 Oct;106(4):591-9. doi: 10.1160/TH11-02-0096. Epub 2011 Aug 25. PMID: 21866299.
  10. Guasti L, Marino F, Cosentino M, Maio RC, Rasini E, Ferrari M, Castiglioni L, Klersy C, Gaudio G, Grandi AM, Lecchini S, Venco A. Prolonged statin-associated reduction in neutrophil reactive oxygen species and angiotensin II type 1 receptor expression: 1-year follow-up. *Eur Heart J*. 2008 May;29(9):1118-26. doi: 10.1093/eurheartj/ehn138. Epub 2008 Apr 3. PMID: 18390537.

## Major Research Interest

Geriatric cardiology, cardiovascular prevention, dyslipidemias, translational research, clinical cardiology